

THANK GOODNESS GLUTEN FREE BERRY MUESLI

NUTRITION INFORMATION

Serving size: 50g (approx. 2/3 cup)

Servings per pack: 7

Pack size: 350kg

	Avg. Qty per serving	%DI per serve ⁺	Avg. Qty per 100g
Energy	790kJ	9%	1580kJ
Protein	2.9g	6%	5.8g
- Gluten	Not Detected		
Fat			
- Total	0.8g	1%	1.5g
- Saturated	0.2g	1%	0.3g
Carbohydrate	41.0g	13%	81.9g
- Sugars	13.4g	15%	26.8g
Dietary fibre	2.5g	8%	5.0g
Sodium	120mg	5%	240mg

⁺Percentage Daily Intakes (%DI) are based on an average adult diet of 8700kJ.
Your Daily Intake may be higher or lower depending on your energy needs.

INGREDIENTS:

Cereals (rice, corn, buckwheat [13%], rice flour, puffed buckwheat [4.0%], corn flour), sugar, berries (12%) (currants, cranberries [4.0%], freeze dried raspberry pieces [0.5%]), dietary fibre (inulin), honey, blackcurrant juice concentrate (1.0%), golden syrup, salt, natural flavour, vegetable oil, emulsifier (471), apple juice concentrate, vitamins (niacin, thiamin, riboflavin, folic acid), mineral (iron).

*Contains 13% wholegrains

May be present: peanuts and tree nuts.

Made in New Zealand from imported & local ingredients.

Store in a cool, dry place.

 **CONTAINS WHOLEGRAINS**

 **DAIRY AND SOY FREE**

 **SOURCE OF FIBRE**

Hubbards