

# THANK GOODNESS GLUTEN FREE VANILLA AND ALMOND MUESLI

## NUTRITION INFORMATION

Serving size: 50g (approx. 2/3 cup)

Servings per pack: 7

Pack size: 350kg

	Avg. Qty per serving	%DI per serve <sup>+</sup>	Avg. Qty per 100g
<b>Energy</b>	855kJ	10%	1710kJ
<b>Protein</b>	5.4g	11%	10.7g
- Gluten	Not Detected		
<b>Fat</b>			
- Total	4.9g	7%	9.8g
- Saturated	1.5g	6%	2.9g
<b>Carbohydrate</b>	34.1g	11%	68.2g
- Sugars	7.9g	9%	15.8g
<b>Dietary fibre</b>	2.2g	7%	4.3g
<b>Sodium</b>	125mg	5%	250mg

<sup>+</sup>Percentage Daily Intakes (%DI) are based on an average adult diet of 8700kJ.  
Your Daily Intake may be higher or lower depending on your energy needs.

## INGREDIENTS:

Cereals (buckwheat [22%], rice, corn, puffed buckwheat [3.0%], rice flour, corn flour), sugar, nuts (7.5%) (**almonds** [4.0%], **cashews** [3.5%]), seeds (8%) (sunflower, pumpkin, linseed [2.0%]), coconut (3.0%) (contains **sulphites**), honey, golden syrup, salt, dietary fibre (inulin), vegetable oil, caramelised sugar syrup, natural flavour (vanilla), apple juice concentrate, vitamins (niacin, thiamin, riboflavin, folic acid), mineral (iron).

\*Contains 22% wholegrains

Contains tree nuts (almonds, cashews) and sulphites.

May be present: peanuts and tree nuts.

Made in New Zealand from imported & local ingredients.

Store in a cool, dry place.

 **CONTAINS WHOLEGRAINS**

 **DAIRY AND SOY FREE**

 **SOURCE OF FIBRE**

# Hubbards