

THANK GOODNESS

GLUTEN FREE BERRY MUESLI

NUTRITION INFORMATION

Pack size: 350g

Servings per pack: 8

Serving Size: 45g

	AVG. QTY. PER SERVE	AVG. QTY. PER 100G	%DI PER SERVE
Energy	710kj	1577.8kj	8.2%
Protein	3.1g	6.9g	6.2%
Fat			
- Total	0.7g	1.6g	1%
- Saturated	0.1g	0.2g	0.4%
Carbohydrate	36.9g	82g	11.9%
- Sugars	12.1g	26.9g	13.4%
Fibre	2.2g	4.9g	7.3%
Sodium	110mg	244.4mg	4.8%

*Percentage Daily Intake (%DI) are based on an average adult diet of 8700kj. Your Daily Intake may be higher or lower depending on your energy needs.

INGREDIENTS: Cereals (rice, corn, buckwheat [13%], rice flour, puffed buckwheat [3.8%], corn flour), sugar, berries (12%) (currants, cranberries, freeze dried raspberry pieces), dietary fibre (polydextrose), honey, blackcurrant juice concentrate (1.1%), golden syrup, salt, natural flavour, canola oil, emulsifier (471), apple juice concentrate, vitamins (niacin, thiamine, riboflavin, folic acid), mineral (iron).

May be present: peanuts and tree nuts.

 **DAIRY AND SOY FREE**

 **THE GOODNESS OF BUCKWHEAT**

 **REAL BERRY PIECES**

 **SOURCE OF FIBRE**

Hubbards