

# THANK GOODNESS GLUTEN FREE ORIGINAL

## NUTRITION INFORMATION

Pack size: 500g

Servings per pack: 17

Serving Size: 30g

	AVG. QTY. PER SERVE	AVG. QTY. PER 100G	%DI PER SERVE
Energy	480kj	1600kj	5.5%
Protein	1.9g	6.3g	3.8%
Fat			
- Total	1.2g	4g	1.7%
- Saturated	0.2g	0.7g	0.8%
Carbohydrate	23.2g	77.3g	7.5%
- Sugars	10.4g	34.7g	11.6%
Fibre	1.2g	4g	4%
Sodium	75mg	250mg	3.3%

\*Percentage Daily Intake (%DI) are based on an average adult diet of 8700kj. Your Daily Intake may be higher or lower depending on your energy needs.

**INGREDIENTS:** Rice, dried fruit (34%) (sultanas, papaya, pineapple, sugar, apple, acidity regulator [citric acid], preservatives [220, 223]), seeds (5%) (pumpkin, sunflower, linseeds), fruit pieces (apricot, guava), sugar, golden syrup, almonds (1%), salt. Contains 56% Rice Pops.

Contains almonds and sulphites.

May be present: peanuts and other tree nuts.

 **DAIRY AND SOY FREE**

 **SOY FREE**

 **TASTY TROPICAL FRUITS**

 **40% FRUIT, SEEDS AND ALMONDS**

## Hubbards